

# GLUTEN FREE MENU



## STARTERS

**CHEF'S FRESHLY PREPARED SOUP OF THE DAY** £5.50  
served with warm bread

**SWEET & SOUR CHICKEN WINGS** £6.95  
bound in a sweet & sour sauce with peppers & onions

**BRUSCHETTA** £5.50  
fresh tomato marinated in garlic & basil oil served on garlic toast finished with wild rockette & balsamic reduction

**KING PRAWN BRUSCHETTA** £8.50  
fresh king prawn marinated in garlic & basil oil served on garlic toast finished with wild rockette & balsamic reduction

## PASTA

**BOLOGNESE** £14.95  
traditional italian meat & tomato sauce

**SALSA DELLA CASA** £14.95  
bacon, garlic, chilli & onion sauce

**A'MATRICIANA** £14.95  
bacon, onions, tomato sauce (add chicken £2.00 supp)

**MEXICANA** £14.95  
chilli con carne, mozzarella cheese

**CARBONARA** £14.95  
bacon & cream sauce

**CAJUN CHICKEN** £14.95  
sliced chicken in a light cajun cream with peppers & onions

**ARRABIATTA** £13.95  
a hot & spicy tomato sauce (add chicken £2.00)

**KING PRAWN ALIOLI** £19.95  
king prawns in chilli, garlic and olive oil

## MAINS

**CAJUN CHICKEN** £14.95  
served in a light cajun cream, salad, rice, & crème fraîche

**PAN SEARED CHICKEN SUPREME** £14.95  
a choice of rice, fries, baby or mashed potatoes, fresh veg with white wine and mushroom sauce

**BRAISED LAMB SHANK** £19.95  
served with gravy on a bed of mash and seasonal vegetables

**GAMMON STEAK** £14.95  
served with either fried egg or pineapple, chips and peas

**8OZ SCOTCH SIRLOIN STEAK** £19.95  
served with sautéed mushrooms, roasted tomatoes onions & fries

**KING PRAWN (4)** £5.00

**GRAVY** £2.50

**GARLIC BUTTER** £2.50

**WHITE WINE AND MUSHROOM** £2.50

## SIDES

**FRIES / CAJUN FRIES** £3.00 / £3.50

**NEW / MASHED POTATOES** £3.00

**VEGETABLES** £3.00

**MIXED PICKLES/CHUTNEY** £2.10

**RAITA** £2.50

**POPPADOMS (X2)** £2.10

**SPICED ONIONS** £1.95

**RICE (PLAIN OR BOILED)** £3.00

**ANY CURRY SAUCE** £4.50

**MUSHROOM / MIXED VEG RICE** £3.50

**GARLIC BREAD/CHEESE** £2.50/£3.00

**ONION RINGS** £3.00

**MACARONI & CHEESE** £3.00

**COLESLAW** £1.50

# INDIAN SECTION

## PAKORA

served with fresh salad & pakora sauce

FISH	£6.50
CHICKEN	£6.50
VEGETABLE	£5.75
MUSHROOM	£5.75
MIXED (CHICKEN & VEGETABLE)	£6.50

## TANDOORI STARTERS

served with fresh salad & mint yoghurt dip

LAMB TIKKA	£8.95
CHICKEN TIKKA	£7.95
CHICKEN CHAAT	£6.95
¼ TANDOORI CHICKEN	£7.95
SEEKH KEBAB	£6.95
ALL EXTRA DIPPING SAUCES	£1.00

## FROM THE TANDOOR

succulent & sizzling, these dishes are marinated in an exotic spicy yoghurt for 24 hours, then skewered & barbequed to perfection in our tandoori clay oven. served with rice, salad & curry sauce

CHICKEN TIKKA	£16.95
LAMB TIKKA	£18.95
MIXED TIKKA Chicken and lamb	£18.95
SEEKH KEBAB (MINCED LAMB)	£15.95
KING PRAWN TANDOORI	£18.95
½ TANDOORI CHICKEN (ON THE BONE)	£19.95
TANDOORI MIXED GRILL	£19.95

consists of chicken tikka, lamb tikka, tandoori chicken, seekh kebab and king prawn.

## BIRIYANI

stir-fried rice with mixed spices & garlic, served with a curry sauce

CHICKEN	£14.95
LAMB	£16.95
VEGETABLE	£14.95
CHICKEN TIKKA	£15.95
KING PRAWN	£18.95

## INDIAN SIDES

MIXED PICKLES/CHUTNEY	£2.10
RAITA	£2.50
POPPADOMS (X2)	£2.10
SPICED ONIONS	£1.95
RICE (PILAU OR BOILED)	£3.00
MUSHROOM RICE	£3.50
MIXED VEG RICE	£3.50
ANY CURRY SAUCE	£4.50

## CURRY

includes boiled or pilau rice

CHICKEN	£14.95
LAMB	£15.95
VEGETABLE	£14.95
CHICKEN TIKKA	£15.50
LAMB TIKKA	£16.50
KING PRAWN	£18.95

## CURRY

an original classic

## BHOONA

ginger, garlic & tomato in a thick bhoona sauce

## DOPIAZA

a mild to medium dish, cooked with onions

## PATIA

a dish with a sweet & sour taste

## CHASNI

subtly spiced with a sweet taste

## TIKKA MASALA

a mild dish, with capsicums & onions, cashew nuts & fresh cream

## GARLIC MASALA

a creamy garlic sauce with mushrooms, onions & peppers

## GARLIC CHILLI

a south Indian dish, hot & spicy

## NENTARA

prepared with onions & peppers with prawns, simmered in an exotic rich sauce

## JAIPURI

mushrooms, onions, peppers & green chillies in a tangy sauce

## JALFREZI

green peppers, onions, ginger & garlic with a touch of cream

## PARDESI

spinach, mushrooms, onions & green chillies. medium to hot

## GARAM MASALA

garlic butter & green chillies in a blend of warm spices medium to hot

## ACHARI

cooked with tangy Indian mixed pickle & green chillies

## KARAHI

a host of spices cooked in turka, with onions & capsicums

## KORMA

fresh cream & coconut in a mild sauce

## CEYLONESE

as above with a hint of lemon & chilli

## KASHMIRI

fresh cream & coconut flavoured with pineapple

## MALAI DAR

rich dish of spinach, onion, mushroom & a touch of cream

## BALTI

a host of secret punjabi spices, a generous portion of ground mix pickle for that extra bite

## LAMB SHANK PADINA

£19.95

tender lamb cooked with fresh mint leaves, onions and tomato masala

## KEEMA MUTTER

£14.95

lamb mince and green peas finished with fresh herbs

## VEGETARIAN DISHES

### CHANA CURRY

£14.95

chick peas, cooked in curry sauce

### OKRA CURRY

£14.95

lady fingers, onions, cherry tomatoes

### BOMBAY POTATO

£14.95

spicy potatoes cooked in bhoona sauce.

### TARKA DAAL

£14.95

lentils cooked the traditional way with onions & tomatoes.

### SAAG PANEER

£14.95

spinach & Indian cottage cheese

### MATER PANEER

£14.95

peas & cheese in garam masala sauce

### ALOO GOBI CURRY

£14.95

potato & cauliflower curry

our meals may contain the following allergens.  
please inform your server of any concerns  
or ask for further information

