

GLUTEN FREE MENU

STARTERS

CHEF'S FRESHLY PREPARED SOUP OF THE DAY £5.95
served with warm bread

SWEET & SOUR CHICKEN WINGS £7.50
bound in a sweet & sour sauce with peppers & onions

BRUSCHETTA £5.95
fresh tomato marinated in garlic & basil oil served on garlic toast finished with wild rockette & balsamic reduction

KING PRAWN BRUSCHETTA £8.95
fresh king prawn marinated in garlic & basil oil served on garlic toast finished with wild rockette & balsamic reduction

PASTA

BOLOGNESE £15.95
traditional italian meat & tomato sauce

SALSA DELLA CASA £15.95
bacon, garlic, chilli & onion sauce

A'MATRICIANA £15.95
bacon, onions, tomato sauce (add chicken £2.00 supp)

MEXICANA £15.95
chilli con carne, mozzarella cheese

CARBONARA £15.95
bacon & cream sauce

CAJUN CHICKEN £15.95
sliced chicken in a light cajun cream with peppers & onions

ARRABIATTA £14.95
a hot & spicy tomato sauce (add chicken £2.00)

KING PRAWN ALIOLI £19.95
king prawns in chilli, garlic and olive oil

MAINS

CAJUN CHICKEN £15.95
served in a light cajun cream, salad, rice, & crème fraîche

PAN SEARED CHICKEN SUPREME £15.95
a choice of rice, fries, baby or mashed potatoes, fresh veg with white wine and mushroom sauce

BRAISED LAMB SHANK £20.95
served with gravy on a bed of mash and seasonal vegetables

GAMMON STEAK £15.95
served with either fried egg or pineapple, chips and peas

8OZ SCOTCH SIRLOIN STEAK £20.95
served with sautéed mushrooms, roasted tomatoes onions & fries

KING PRAWN (4) £6.00

GRAVY £2.50

GARLIC BUTTER £2.50

WHITE WINE AND MUSHROOM £2.50

SIDES

FRIES / CAJUN FRIES £3.00 / £3.50

NEW / MASHED POTATOES £3.50

VEGETABLES £3.00

MIXED PICKLES/CHUTNEY £2.50

RAITA £2.50

POPPADOMS (X2) £2.25

SPICED ONIONS £2.25

RICE (PLAIN OR BOILED) £3.00

ANY CURRY SAUCE £4.50

MUSHROOM / MIXED VEG RICE £3.50

GARLIC BREAD/CHEESE £3.00/£3.50

COLESLAW £2.50

INDIAN SECTION

PAKORA

served with fresh salad & pakora sauce

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| FISH | £6.95 |
| CHICKEN | £6.95 |
| VEGETABLE | £6.25 |
| MUSHROOM | £6.50 |
| MIXED (CHICKEN & VEGETABLE) | £6.95 |

TANDOORI STARTERS

served with fresh salad & mint yoghurt dip

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| LAMB TIKKA | £9.95 |
| CHICKEN TIKKA | £8.95 |
| CHICKEN CHAAT | £7.95 |
| ¼ TANDOORI CHICKEN | £9.95 |
| SEEKH KEBAB | £7.95 |
| ALL EXTRA DIPPING SAUCES | £1.00 |

our meals may contain the following allergens.
please inform your server of any concerns
or ask for further information



NUTS



MUSTARD



CELERY



EGGS



FISH



MOLLUSCS



SESAME



LUPIN



CRUSTACEAN



PEANUTS



SOYA



SULPHITES



MILK

FROM THE TANDOOR

succulent & sizzling, these dishes are marinated in an exotic spicy yoghurt for 24 hours, then skewered & barbequed to perfection in our tandoori clay oven.
served with rice, salad & curry sauce

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| CHICKEN TIKKA | £17.95 |
| LAMB TIKKA | £19.95 |
| MIXED TIKKA Chicken and lamb | £19.95 |
| SEEKH KEBAB (MINCED LAMB) | £16.95 |
| KING PRAWN TANDOORI | £19.95 |
| ½ TANDOORI CHICKEN (ON THE BONE) | £19.95 |
| TANDOORI MIXED GRILL | £20.95 |
| consists of chicken tikka, lamb tikka, tandoori chicken, seekh kebab and king prawn. | |

BIRIYANI

stir-fried rice with mixed spices & garlic,
served with a curry sauce

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| CHICKEN | £16.50 |
| LAMB | £17.95 |
| VEGETABLE | £15.95 |
| CHICKEN TIKKA | £17.50 |
| KING PRAWN | £19.95 |

INDIAN SIDES

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|------------------------|-------|
| MIXED PICKLES/CHUTNEY | £2.50 |
| RAITA | £2.50 |
| POPPADOMS (X2) | £2.25 |
| SPICED ONIONS | £2.25 |
| RICE (PILAU OR BOILED) | £3.00 |
| MUSHROOM RICE | £3.50 |
| MIXED VEG RICE | £3.50 |
| ANY CURRY SAUCE | £4.50 |

CURRY

includes boiled or pilau rice

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|---------------|--------|
| CHICKEN | £16.50 |
| LAMB | £17.95 |
| VEGETABLE | £15.95 |
| CHICKEN TIKKA | £17.50 |
| LAMB TIKKA | £18.95 |
| KING PRAWN | £19.95 |

CURRY

an original classic

BHOONA

ginger, garlic & tomato in a thick bhoona sauce

DOPIAZA

a mild to medium dish, cooked with onions

PATIA

a dish with a sweet & sour taste

CHASNI

subtly spiced with a sweet taste

TIKKA MASALA

a mild dish, with capsicums & onions, cashew nuts & fresh cream

GARLIC MASALA

a creamy garlic sauce with mushrooms, onions & peppers

GARLIC CHILLI

a south Indian dish, hot & spicy

NENTARA

prepared with onions & peppers with prawns, simmered in an exotic rich sauce

JAIPURI

mushrooms, onions, peppers & green chillies in a tangy sauce

JALFREZI

green peppers, onions, ginger & garlic with a touch of cream

PARDESI

spinach, mushrooms, onions & green chillies. medium to hot

GARAM MASALA

garlic butter & green chillies in a blend of warm spices
medium to hot

ACHARI

cooked with tangy Indian mixed pickle & green chillies

KARAH

a host of spices cooked in turka, with onions & capsicums

KORMA

fresh cream & coconut in a mild sauce

CEYLONESE

as above with a hint of lemon & chilli

KASHMIRI

fresh cream & coconut flavoured with pineapple

MALAI DAR

rich dish of spinach, onion, mushroom & a touch of cream

BALTI

a host of secret punjabi spices, a generous portion of ground mix
pickle for that extra bite

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| LAMB SHANK PADINA | £20.95 |
| tender lamb cooked with fresh mint leaves, onions and tomato masala | |

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| KEEMA MUTTER | £15.95 |
| lamb mince and green peas finished with fresh herbs | |

VEGETARIAN DISHES

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| CHANA CURRY | £15.95 |
| chick peas, cooked in curry sauce | |

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| OKRA CURRY | £15.95 |
| lady fingers, onions, cherry tomatoes | |

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| BOMBAY POTATO | £15.95 |
| spicy potatoes cooked in bhoona sauce. | |

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| TARKA DAAL | £15.95 |
| lentils cooked the traditional way with onions & tomatoes. | |

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| SAAG PANEER | £15.95 |
| spinach & Indian cottage cheese | |

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| MATER PANEER | £15.95 |
| peas & cheese in garam masala sauce | |

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| ALOO GOBI CURRY | £15.95 |
| potato & cauliflower curry | |